<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 8:15</td>
<td>Breakfast &amp; Registration</td>
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<tr>
<td>8:15 - 8:30</td>
<td>Welcome and SPH Network update</td>
<td>Sarah Pressman, A. Janet Tomiyama, Alex Rothman</td>
<td>Welcome and SPH Network update</td>
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<tr>
<td>8:30-9:00</td>
<td></td>
<td>Lisa Aspinwall</td>
<td>Genetic testing and the proactive management of familial cancer risk</td>
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<tr>
<td>9:00-9:30</td>
<td></td>
<td>Paschal Sheeran</td>
<td>Self-regulation of implicit influences on health behaviors</td>
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<tr>
<td>9:30-9:45</td>
<td>Data Blitz I</td>
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<tr>
<td>9:45-10:00</td>
<td>Morning Break</td>
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<tr>
<td>10:00-10:30</td>
<td>Do our data match our research questions? On the need for within-person data capture to study health-related processes and mechanisms</td>
<td>Josh Smyth</td>
<td>Do our data match our research questions? On the need for within-person data capture to study health-related processes and mechanisms</td>
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<tr>
<td>10:30-11:00</td>
<td>Religion in the lab: How much stress can your heart take?</td>
<td>Kevin Masters</td>
<td>Religion in the lab: How much stress can your heart take?</td>
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<tr>
<td>11:00-11:05</td>
<td>Gentle &amp; fun group stretching break</td>
<td>Janet Tomiyama</td>
<td>Gentle &amp; fun group stretching break</td>
</tr>
<tr>
<td>11:05-11:35</td>
<td>Personality, relationships, and cardiovascular disease: An interpersonal perspective on aggregated risk</td>
<td>Tim Smith</td>
<td>Personality, relationships, and cardiovascular disease: An interpersonal perspective on aggregated risk</td>
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<tr>
<td>11:35-1:00</td>
<td>LUNCH in Ballroom B with Discussion/Networking Roundtables</td>
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<td></td>
<td>Topics Include: Mindware Sponsored Psychophysiology Measurement Roundtable (Dave Lozano &amp; Tim Smith) and more…See Page 6!</td>
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For the first time, SPHN will be awarding the **SPHN Early Career Award** to honor a junior scholar who has made exceptional contributions to research and/or practice that integrates social/personality and health psychology. The recipient of the award will be announced this year, and the winner will be formally recognized at the 2015 Pre-Conference and deliver an invited talk.

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Affiliation</th>
<th>Session Title</th>
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</thead>
<tbody>
<tr>
<td>1:00-1:10</td>
<td>Sally Dickerson</td>
<td>UC Irvine &amp; NSF</td>
<td>Early Career Award announcement</td>
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<tr>
<td>1:10-1:20</td>
<td>John Updegraff</td>
<td>Kent State University</td>
<td>SPHN Anthem</td>
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<tr>
<td>1:20-1:25</td>
<td>Alex Rothman</td>
<td>University of Minnesota</td>
<td>New President introduction</td>
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<td>Traci Mann</td>
<td>University of Minnesota</td>
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<tr>
<td>1:25-2:30</td>
<td>Robert Plomin</td>
<td>King’s College London</td>
<td>KEYNOTE ADDRESS: Genetics, genomics, and social/personality/health psychology</td>
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<tr>
<td>2:30-2:50</td>
<td>Data Blitz II</td>
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<tr>
<td>2:50-3:05</td>
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<td>Afternoon Break</td>
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<tr>
<td>3:05-4:20</td>
<td>Lisa Aspinwall</td>
<td>University of Utah</td>
<td>Social/personality/health psychology &amp; genetics: A discussion on the importance of the connections, critiques and implications</td>
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<td>Barbara Biesecker</td>
<td>National Human Genome</td>
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<td>Research Institute</td>
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<td></td>
<td>Robert Plomin</td>
<td>King’s College</td>
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<td>George Slavich</td>
<td>UCLA</td>
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<td>Baldwin Way</td>
<td>Ohio State University</td>
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<td></td>
<td>Bill Klein, Moderator</td>
<td>National Cancer Institute</td>
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<tr>
<td>4:20-4:30</td>
<td>Sarah Pressman &amp;</td>
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<tr>
<td></td>
<td>Janet Tomiyama</td>
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</table>
1. Jennifer L. Howell, University of Florida. *Implicit prototypes predict risky sun behavior **SPHN Travel Award Recipient***

2. Britt K. Ahlstrom, University of California, Los Angeles. *The influence of the evolutionary life history model on adiposity*

3. Jenna R. Cummings, University of California, Los Angeles. *Too much of a good thing? Distress tolerance and risky health behaviors*

4. Wilson Figueroa, Ohio University. *Direct and indirect effects of stigma consciousness on physical health in sexual minorities*

5. Laura E. Finch, University of California, Los Angeles. *Emotional eating buffers psychological stress in adolescent girls*

6. Heather M. Haught, University of Toledo. *Social class indicators differentially predict engagement in prevention vs. detection behaviors*

7. Mary Himmelstein, Rutgers University. *Hidden health costs of masculinity: Gender stereotypes, doctor preferences and symptom disclosure*

8. Scout N. McCully, Kent State University. *Executive function and flexible self-regulation in young adults’ physical activity*

9. Josie Menkin, University of California, Los Angeles. *Expectations regarding aging and new friendship formation in later life*

Data Blitz ground rules:
1. 2 minutes – or you’re buzzed off the stage!
2. 2 slides
3. Minimum font size: 28
4. No animations
1. Jeffrey M. Hunger, University of California, Santa Barbara. *Weight labeling and obesity: A 10-year longitudinal study of girls aged 10-19*
   **SPHN Travel Award Recipient**

2. Lindsay R. Roberts, University of Toledo. *Can social norms influence placebo responding?*

3. Kharah M. Ross, Northwestern University. *Social interaction intimacy and metabolic risk in adolescent girls*

4. Melissa A. Shepherd, Florida State University. *Different routes to the same goal: Motivating health behavior with message framing*

5. Alina Valdez, California State University, Northridge. *A mobile subliminal priming intervention for pain*

6. Fieke M. A. Wagemans, Tilberg University. *Social thermoregulation as social stress regulation?*

7. Deanna C. Denman, Southern Methodist University. *Body Mass Index as a moderator of affective forecasting errors in exercise*

8. Angela C. Incollingo Belsky, University of California, Los Angeles. *Becoming our own stereotypes: Assimilating to unhealthy eating choices*
Discussion/Networking Lunch Tables

Lunch tables are for everyone, not just students – all attendees are encouraged to choose a table!

| Table 1. | Mindware table: Psychophysiological methods in social/personality psychology and health  
Dave Lozaro (Mindware) & Tim Smith (University of Utah) |
| Table 2. | Pros, cons, and strategies for applying: Faculty positions at Liberal Arts Colleges  
Marie Helweg-Larsen (Dickinson College) & Laurel Peterson (University of Pittsburgh/Bryn Mawr College Fall 2014) |
| Table 3. | Conceptualization and assessment of stress in health research  
George Slavich (UCLA) |
| Table 4. | Advice and strategies for junior faculty  
Kate Sweeney (University of California, Riverside) |
| Table 5. | Navigating the academic job market  
Maryhope Howland (Kent State University) & Megan Robbins (University of California, Riverside) |
| Table 6. | Meet-and-greet: Health psychology and the GLBT Alliance in Social and Personality Psychology (GASP)  
Lisa Aspinwall (University of Utah) |
| Table 7. | Careers at the National Institutes of Health  
Barbara Beisecker & Bill Klein (NIH) |
| Table 8. | Ecological Momentary Assessment  
Josh Smyth (Penn State) |
| Table 9. | Behavior change and maintenance  
Alex Rothman (University of Minnesota) & Paschal Sheeran (University of North Carolina, Chapel Hill) |
| Table 10. | Obtaining grant funding  
Sally Dickerson (National Science Foundation, UC Irvine) |
Acknowledgements

*APA Division 38*

**Special Thanks**

Laurel Peterson
Graduate/Post-Doc Committee Chair

Jill Brown
Webpage

Meanne Chan,* Sally Dickerson, Daniel Randles,* Janet Tomiyama
Student Travel Award Committee
*2013 student travel award recipients

Sally Dickerson, Traci Mann, Alex Rothman
Early Career Award Committee

Britt Ahlstrom, Angela Belsky, Jenna Cummings, Laura Finch, Emily Hooker
Graduate Student Volunteers

Jamie Arndt
Finances

Jeffrey Hunger, Maryhope Howland
Wednesday Social Event Organizers

Angela Bryan, Renee Magnan
Zumba Organizers

Rachel Burns, Angela Carey, Chad Danyluck, Jeffrey Hunger, Angela Legg, Robert Low
Graduate/Post-Doc Committee

**SPHN Steering Committee**

Alex Rothman, *President*
Andrew Geers, *Listserv Moderator*

Irene Blair, *Secretary*
Angela Bryan, *Representative*

Jamie Arndt, *Treasurer*
William Klein, *Representative*

Laurel Peterson, *Student/Post-Doc Rep.*
Traci Mann, *President Elect*

A. Janet Tomiyama, *Pre-Conference Co-Chair*
Mary Gerend, *Incoming Secretary*

Sarah Pressman, *Pre-Conference Co-Chair*
Sally Dickerson, *Representative*

John Updegraff, *Incoming Treasurer*
Health Psychology Review
2012 Impact Factor: 4.160*
Editor: Martin Hagger, Curtin University, Australia
Health Psychology Review (HPR) is the first review journal in the important and growing discipline of health psychology. The journal provides a leading environment for review, theory, and conceptual development. HPR contributes to the development of the discipline of health psychology and strengthens its relationship to the field of psychology as a whole, as well as to other related academic and professional arenas. It is essential reading for those engaged in the study, teaching, and practice of health psychology, behavioral medicine, and associated areas.

Find out more at www.tandfonline.com/rhpr

Psychology & Health
2012 Impact Factor: 1.950*
Editors: Daryl O’Connor, University of Leeds, UK
Mark Conner, University of Leeds, UK
Psychology & Health promotes the study and application of psychological approaches to health and illness. The contents include work on psychological aspects of physical illness, treatment processes and recovery; psychosocial factors in the aetiology of physical illnesses; health attitudes and behaviour, including prevention; the individual-health care system interface particularly communication and psychologically-based interventions. The journal publishes original research, and accepts not only papers describing rigorous empirical work, including meta-analyses, but also those outlining new psychological approaches and interventions in health-related fields.

Find out more at www.tandfonline.com/gpsh

Psychology, Health & Medicine
2012 Impact Factor: 1.375*
Editor: Lorraine Sherr, Royal Free and University College Medical School, London, UK
Psychology, Health & Medicine provides a forum to report on issues of psychology and health in practice. The journal reaches an international audience, highlighting the variation and similarities within different settings. Examining the wide range of applied health and illness issues and how they incorporate psychological knowledge, understanding, theory and intervention, the journal reflects the growing recognition of psychosocial issues as they affect health planning, medical care, disease reaction, intervention and management.

Find out more at www.tandfonline.com/cphm

Health Psychology and Behavioral Medicine: An Open Access Journal
Editor: Xiaoming Li, Wayne State University, USA
Health Psychology and Behavioral Medicine: An Open Access Journal is a new, refereed international interdisciplinary journal that publishes peer reviewed theoretical and empirical contributions on all aspects of research and scholarly practice into psychosocial, behavioral and biomedical influences on health, including assessment and diagnosis, treatment processes and recovery, health cognitions and behaviors at population and individual levels, psychosocial and behavioral prevention interventions, and psychosocial aspects of behavior, health, illness, and medicine.

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