



Social Personality & Health Preconference

January 28, 2016, San Diego Convention Center, Room 2
Co-Chairs: Matthias Mehl & Kate Sweeny

Schedule

8:30–8:45	Breakfast & Registration	
8:45–9:00	<p>Matthias Mehl University of Arizona</p> <p>Kate Sweeny University of California, Riverside</p> <p>Traci Mann University of Minnesota</p>	Welcome and SPH Network updates
9:00–9:30	<p>Brenda Major University of California, Santa Barbara</p>	The negative effects of weight stigma
9:30–10:00	<p>Martin Hagger Curtin University</p>	On nomological validity: Testing theory-stipulated networks of relations among constructs in social cognitive models applied to health behavior
10:00–10:15	<p>Data Blitz & Student Award Announcement See page 4 for data blitz presenters</p>	
10:15–10:45	<p>Lyle Ungar University of Pennsylvania</p>	Health, personality, and language
10:45–11:15	Morning Break	
11:15–11:45	<p>Jason Rentfrow University of Cambridge</p>	Health on the move: What can mobile sensing technology tell us about well-being in daily life?
11:45–12:00	<p>Early Career Award Announcement & SPHN Anthem John Updegraff (Kent State University)</p>	
12:00–1:15	<p>Lunch with Networking Roundtables & Poster Session See program for roundtable topics and poster presentations</p>	
1:15–1:45	<p>Tara Gruenewald University of Southern California</p>	Generativity for life

1:45-2:30	<p>Flash Talks (5 min. each)</p> <p>Sally Dickerson Pace University</p> <p>Lauren Human McGill University</p> <p>Joshua Jackson Washington University</p> <p>Ashley Mason University of California, San Francisco</p> <p>Mary-Frances O'Connor University of Arizona</p> <p>Megan Robbins University of California, Riverside</p>	<p>Funding for social/personality and health research: Perspectives from a former program director</p> <p>Accurate interpersonal impressions: Implications for health-relevant processes</p> <p>Informant- and self-reports of personality predict long-term health outcomes</p> <p>Probing the endogenous opioid system to understand compulsive overeating</p> <p>Is it virtually the same? Using virtual reality in research affects our mood, behavior and physiology</p> <p>Naturalistically observed laughter among women coping with illness</p>
2:30–3:00	Afternoon Break	
3:00–3:45	<p>Kevin Patrick University of California, San Diego</p>	<p>Keynote Address*: Personal health data, precision medicine and population health: Connecting the dots <i>* sponsored by APA Division 38</i></p>
3:45–4:15	<p>David Creswell Carnegie Mellon University</p>	<p>Early Career Award Address: Mindfulness and health: Theory, mechanisms, and outcomes</p>
4:15-4:30	<p>Matthias Mehl Kate Sweeny</p>	<p>Closing Remarks & Announcement of 2016 Preconference Co-Chair</p>

The National Science Foundation's guidelines were used to determine when there was a conflict of interest between an applicant/nominee and an awards committee member. Committee members were not involved in the discussion or evaluation of any candidate with whom they had a conflict of interest. After a short list was determined for an award, committee members who had a conflict of interest with any of the final candidates recused themselves from the entire discussion; when necessary, additional committee members were recruited to replace those who were recused.

Data Blitz

Data Blitz Ground Rules:

- 3 slides (including title slide)
 - Font size >28
 - No animation
 - All in 2 minutes or you're buzzed off the stage!
1. ***SPHN Travel Award Recipient* Mona Moieni, UCLA:** Gratitude, giving support to others, and inflammation
 2. ***SPHN Travel Award Recipient* Lauren Howe, Stanford University:** Healthier than thou: When practicing what you preach backfires by increasing expected judgment
 3. **Alexander Karan, University of California, Riverside:** Word use as a reflection of dyadic adjustment in couples coping with breast cancer
 4. **Laura G. Kiken, Kent State University, & Natalie J. Shook, West Virginia University:** Trait mindfulness and blood glucose estimate accuracy in diabetes patients: A preliminary study
 5. **Hae Yeon Lee, Rebecca S. Bigler, & David S. Yeager, University of Texas, Austin:** Status-seeking motives promote biased weight social categorization and weight control behavior
 6. **Kelly E. Rentscher, University of Arizona:** Partner pronoun use, communal coping, and abstinence during a couple-focused intervention for problematic alcohol use
 7. **Koji Takahashi, University of Michigan:** The effects of a brief mindfulness meditation intervention on emotional response and attention to health information
 8. **Samuele Zilioli, Wayne State University:** Early life adversity, self-esteem, and diurnal cortisol profiles across the lifespan

Poster Presentations

Austin S. Baldwin, Southern Methodist University: Developing a self-persuasion intervention to promote adolescent HPV vaccination for a safety-net population

Deanna C. Denman, Austin S. Baldwin, Emily G. Marks, Simon Craddock Lee, & Jasmin A. Tiro, Southern Methodist University: Modification and validation of the treatment self-regulation questionnaire to assess parental motivation for HPV vaccination of adolescents

Laura Finch, University of California, Los Angeles: Silver linings in emotional eating

Abdiel J. Flores, Katherine S. Zee, & Niall Bolger, Columbia University: Effects of social support visibility on cardiovascular responses to a laboratory stressor

Melissa Ann Flores & Ann Fonseca, University of Arizona: The effects of hopelessness and marital status on insulin resistance in women

Casey K. Gardiner & Angela D. Bryan, University of Colorado, Boulder: Monetary incentives can change health behavior without undermining motivation

Arielle S. Gillman, Tiffany A. Ito & Angela D. Bryan, University of Colorado, Boulder: Influences on self-regulatory capacity: A multiple behavioral framework

Brooke N. Jenkins, University of California, Irvine: Nurse and parent training in postoperative stress (NP-TIPS): Using adult-child interactions to decrease child postoperative pain

Julie Kangas, Southern Methodist University: Cardiorespiratory fitness moderates the effect of an affect-guided physical activity prescription: A pilot randomized controlled trial

Andrea E. Lagotte, Vanderbilt University Medical Center: A randomized control trial of a theory-driven patient portal-connected adherence promotion intervention for adults with type 2 diabetes

Angela M. Legg & May Reinert, Pace University: Demographic, situational, and personality predictors of genetic testing intentions

Todd Lucas, Lenwood Hayman Jr., James Blessman, Kanzoni Asabigi, & Julie Novak, Wayne State University and the City of Detroit: Gain versus loss-framed messaging, perceived racism, and colorectal cancer screening among African Americans

Poster Presentations (cont.)

Richie L. Lenne & Alexander J. Rothman, University of Minnesota: Timing is everything: How and why timing matters for behavior change

Mark Manning, Kristen Purringtonm & Neb Duric, Wayne State University: Between-race differences in psychological responses to receiving breast density notification

Cameron T. McCabe, Portland State University: Vulnerability and protective factors for stress-related drinking: Lessons learned from the Study for Employment Retention of Veterans (SERVe)

Catherine Nylin, Claremont Graduate University: Healthy no matter what I eat: Adolescent nutrition and health evaluations

Mary E. Panos, Alex Maki, & Alexander J. Rothman, University of Minnesota: The effect of norms and default behaviors on eating behavior in a group situation

Shiza Shahid, Arizona State University: Attachment anxiety, depressed affect, and spousal touch during sleep

Shauna Solomon-Krakus, University of Toronto: Body image dissatisfaction predicting depressive symptoms among early adolescents at risk for obesity: A polynomial regression model

Tasha Straszewski & Jason Siegel, Claremont Graduate University: Not a cure but a catalyst: Using "savoring" to increase help-seeking intentions for depression

Miriam Velez-Bermudez, Arizona State University: Attachment style predicts patient-doctor satisfaction among non-epileptic seizure patients

Erin Vogel, University of Toledo: Self-affirmation reduces attentional bias against weight-related cues

Jennalee S. Wooldridge, University of Colorado, Denver: A couples-based approach for increasing physical activity among adults with type 2 diabetes: Preliminary findings and acceptability

Robert Wright, Moloud Shahbazi, Vagelis Hristidis, Kevin Esterling, & Megan Robbins, University of California, Riverside: Observing social support in an online diabetes community

Discussion/Networking Lunch Tables

Lunch tables are for everyone, not just students. All attendees are encouraged to choose a table and kick off a collaboration or two!

Table 1. How to get tenure

David Creswell (Carnegie Mellon University)

Table 2. NSF & NIH awards

Tamera Schneider (NSF) & Bill Klein (NCI)

Table 3. Navigating the academic job market

Lauren Human (McGill University)

Table 4. Big (language) data

Lyle Ungar (University of Pennsylvania)

Table 5. Academia in the UK and Australia

Jason Rentfrow (University of Cambridge) & Martin Hagger (Curtin University)

Table 6. mHealth

Kevin Patrick (University of California, San Diego)

Table 7. Psychoneuroimmunology

Mary-Frances O'Connor (University of Arizona)

Table 8. Personality and health

Joshua Jackson (Washington University)

Table 9. Publishing and getting grants at predominately teaching institutions

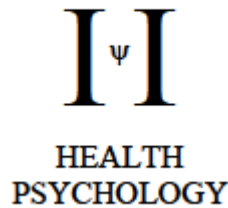
Marie Helweg-Larsen (Dickinson College)

Table 10. Ambulatory assessment methods

Megan Robbins (University of California, Riverside) & Ashley Mason (UCSF)

Acknowledgements

APA Division 38



Special Thanks:

Jeff Hunger

Angela Bryan, Sally Dickerson, Kimberly Hartson,* Jeff Hunger, Kharah Ross*

David Creswell,** Traci Mann, Kate Sweeny, John Updegraff

Komi German, Kyla Rankin, Sara Andrews, Kelly Rentscher, Deanna Kaplan

John Updegraff

Angela Bryan

Jeff Hunger (Chair), Rachel Burns, Angela Carey, Robert Low

Pre-preconference Mixer Organizer

Student Travel Award Committee
**2015 Student Travel Award recipients*

Early Career Award Committee
***2015 Early Career Award recipient*

Student Volunteers

Finances

SPHN 5K Organizer

Graduate/Post-Doc Committee

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Health Psychology Review

2012 Impact Factor: 4.160*
Editor: Martin Hagger,
Curtin University, Australia

Health Psychology Review (HPR) is the first review journal in the important and growing discipline of health psychology.

The journal provides a leading environment for review, theory, and conceptual development. *HPR* contributes to the advancement of the discipline of health psychology and strengthens its relationship to the field of psychology as a whole, as well as to other related academic and professional arenas. It is essential reading for those engaged in the study, teaching, and practice of health psychology, behavioral medicine, and associated areas.

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Psychology & Health

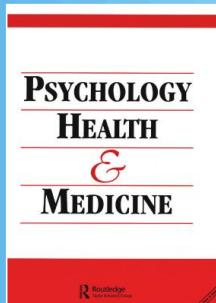
2012 Impact Factor: 1.950*
Editors: Daryl O'Connor,
University of Leeds, UK
 Mark Conner,
University of Leeds, UK

Psychology & Health promotes the study and application of psychological approaches to health and illness. The contents include work on psychological aspects of physical illness, treatment processes and recovery; psychosocial factors in the aetiology of physical illnesses; health attitudes and behaviour, including prevention; the individual-health care system interface particularly communication and psychologically-based interventions. The journal publishes original research, and accepts not only papers describing rigorous empirical work, including meta-analyses, but also those outlining new psychological approaches and interventions in health-related fields.

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Health Psychology Journals from Routledge



Psychology, Health & Medicine

2012 Impact Factor: 1.375*
Editor: Lorraine Sherr,
Royal Free and University College Medical School, London, UK

Psychology, Health & Medicine provides a forum to report on issues of

psychology and health in practice. The journal reaches an international audience, highlighting the variation and similarities within different settings. Examining the wide range of applied health and illness issues and how they incorporate psychological knowledge, understanding, theory and intervention, the journal reflects the growing recognition of psychosocial issues as they affect health planning, medical care, disease reaction, intervention and management.

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Health Psychology and Behavioral Medicine: An Open Access Journal

Editor: Xiaoming Li,
Wayne State University, USA

Health Psychology and Behavioral Medicine: An Open Access Journal is a new, refereed international interdisciplinary journal that publishes peer reviewed theoretical and empirical contributions on all aspects of research and scholarly practice into psychosocial, behavioral and biomedical influences on health, including assessment and diagnosis, treatment processes and recovery, health cognitions and behaviors at population and individual levels, psychosocial and behavioral prevention interventions, and psychosocial aspects of behavior, health, illness, and medicine.

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