

SPSP 2014 Health-Related Symposia

Symposium Session A

[Symposium S-A11](#)

The Next Frontier in Social Support and Health Research: Clarifying the Micro-Level Mechanisms

Friday, February 14, 2014, 9:45 AM - 11:00 AM, Room 6

Chair: Elizabeth Keneski, The University of Texas at Austin

Co-Chair: Timothy Loving, The University of Texas at Austin

Speakers explore the roles of self-regulation and stress buffering in the social support-health link and address relevant micro-level psychological and physiological mechanisms. The talks address how providing, receiving, and perceiving support affect physiological responses (e.g. diurnal cortisol slopes), neurological regulation (i.e., threat-related hypothalamic function), and health behaviors.

Symposium Session B and Data Blitz

[Symposium S-B1](#)

Data Blitz

Friday, February 14, 2014, 11:15 AM - 12:30 PM, Ballroom D

Chair: Simine Vazire, Washington University, St. Louis

Co-Chair: Nathan DeWall, University of Kentucky

Twelve speakers each have 5 minutes, 4 slides, and 1 question -- if you have never attended a data blitz, this is a must attend symposium. We culled the most exciting research from submitted symposia and posters and wrapped it into a single 75-minute event. You will hear topics representing a broad spectrum of personality and social psychology in a lightening fast symposium.

[Symposium S-B6](#)

Identity Concealment: A Normative Social Psychological Phenomenon

Friday, February 14, 2014, 11:15 AM - 12:30 PM, Room 17

Chair: Jonathan Cook, The Pennsylvania State University

Co-Chair: Diane Quinn, University of Connecticut

We draw attention to new methodological, theoretical, and empirical advances in studying identity concealment. Presentations cover antecedents to and consequences of concealment and the intersection of visible and concealable stigmatized identities. We discuss a wide variety of concealable identities, including mental and physical illness, sexual orientation, and domestic violence.

[Symposium S-B11](#)

The Devil Is in the Details: Revealing the Complexities of the Relationship Between Parenthood and Well-Being

Friday, February 14, 2014, 11:15 AM - 12:30 PM, Room 6

Chair: Kostadin Kushlev, University of British Columbia

Co-Chair: Katherine Nelson, University of California, Riverside

Is parenthood related to higher well-being? Any yes or no answer is likely to be overly simplistic and ignore the more interesting question of when parenthood is related to higher well-being. In this symposium, we demonstrate that parents' well-being depends on demographic, psychological, and methodological factors.

Symposium Session C

[Symposium S-C1](#)

Special Session: Psychology in Action

Friday, February 14, 2014, 2:00 PM - 3:15 PM, Ballroom D

Chair: Eli Finkel, Northwestern University

Co-Chair: Cheryl Kaiser, University of Washington

Four short talks with big ideas about the latest research on connections between people and space, myths about meaning in life, love, and more, featuring personality and social psychologists Roy Baumeister, Sam Gosling, Laura King, and Barbara Fredrickson.

Samuel D. Gosling, University of Texas: Putting personality in its place: Exploring the connections between people and space

Roy F. Baumeister, Florida State University: Title TBD

Barbara L. Fredrickson, University of North Carolina: Remaking Love

Laura A. King, University of Missouri: Your Life is Probably Pretty Meaningful: Five Myths About Meaning in Life

[Symposium S-C5](#)

Lessons for Social and Personality Psychology from Clinical Psychology

Friday, February 14, 2014, 2:00 PM - 3:15 PM, Room 9

Chair: Jonathan Adler, Olin College of Engineering

Co-Chair:

This symposium is designed to demonstrate the applicability of key methodological approaches and analytical techniques from clinical psychology that may be unfamiliar but highly useful for research in social and personality psychology. The four talks provide a range of novel practices that promise to advance personality and social psychological research.

[Symposium S-C6](#)

Everything You Always Wanted to Know About Self-Affirmation But Were Afraid to Ask: How Does it Work? Is it Always Good? And Why Should I Care?

Friday, February 14, 2014, 2:00 PM - 3:15 PM, Room 18 A/B

Chair: Kathleen Vohs, University of Minnesota

Co-Chair: Brandon Schmeichel, Texas A&M Univ

This symposium highlights fresh new developments in self-affirmation. Park reports that self-affirmation is the first known antidote to money's negative consequences. Klein found that self-affirmed persons make better plans for the future. Critcher reveals that self-affirmation puts threats into perspective. Schmeichel found, surprisingly, that self-affirmation produces goal disengagement.

Symposium Session D

[Symposium S-D1](#)

Presidential Address

Friday, February 14, 2014, 3:30 PM - 4:45 PM, Ballroom D

Chair:

Co-Chair:

[Symposium S-D5](#)

New insights on the effects of traits on health: The important role of social processes

Friday, February 14, 2014, 3:30 PM - 4:45 PM, Room 9

Chair: Lauren Human, University of British Columbia

Co-Chair: Joshua Jackson, Washington University in St. Louis

Both personality and social processes play an important role in physical health, but rarely are these processes examined simultaneously. This symposium showcases diverse approaches to taking social processes into account when examining how traits affect health-relevant outcomes. Together, these talks provide new insights for understanding pathways to better health.

[Symposium S-D6](#)

Rituals Make Life Better -- By Enhancing Consumption, Communicating Social Norms, Treating Illness, and Relieving Grief

Friday, February 14, 2014, 3:30 PM - 4:45 PM, Room 18 C/D

Chair: Kathleen Vohs, University of Minnesota

Co-Chair:

Rituals are pervasive in people's lives worldwide but unknown to social psychology until late. Wang shows that rituals enhance consumption of food and drink. Norton found that rituals make dealing with death easier. Legare went to Brazil and concocted healing rituals. Rossano's evolutionary framework argues that rituals underly social norms.

Symposium Session E

[Symposium S-E1](#)

Promoting Research Integrity: 'Best Practices' In Social-Personality Research

Saturday, February 15, 2014, 9:45 AM - 11:00 AM, Ballroom A

Chair: Jennifer Bosson, University of South Florida

Co-Chair: Simine Vazire, Washington University, St. Louis

Four speakers consider "best practices" for maintaining research integrity in social-personality psychology, and propose changes to the way the field conducts, reports, and evaluates research. These talks address current crises in the field, and highlight improvements for strengthening our science while maintaining productivity.

[Symposium S-E4](#)

Mindsets Matter: The Power of Beliefs for Everyday Life

Saturday, February 15, 2014, 9:45 AM - 11:00 AM, Room 17

Chair: Jeni Burnette, University of Richmond

Co-Chair: Crystal Hoyt, University of Richmond

This symposium presents four cutting-edge perspectives on the power of personal beliefs to influence significant life outcomes for the self and others across a range of applied contexts. Integrating diverse theories, the symposium outlines how beliefs impact gender-biased employment decisions, the politics of religious conflicts, eating behavior and academic achievement.

Symposium Session F and Data Blitz

Symposium S-F1

Data Blitz

Saturday, February 15, 2014, 11:15 AM - 12:30 PM, Ballroom D

Chair: Simine Vazire, Washington University, St. Louis

Co-Chair: Nathan DeWall, University of Kentucky

Twelve speakers each have 5 minutes, 4 slides, and 1 question -- it you have never attended a data blitz, this is a must attend symposium. We culled the most exciting research from submitted symposia and posters and wrapped it into a single 75-minute event. You will hear topics representing a broad spectrum of personality and social psychology in a lightening fast symposium.

Symposium S-F8

Positive affect and health: Emerging evidence from cells to behavior

Saturday, February 15, 2014, 11:15 AM - 12:30 PM, Room 18 A/B

Chair: Nancy Sin, University of California, San Francisco

Co-Chair: Judith Moskowitz, University of California, San Francisco

Using observational, experimental, and intervention methodologies, we present cutting-edge research on the link between positive affect and physical health. Our findings demonstrate that positive affect protects against cellular aging, cardiometabolic risk, and pain, and interventions to cultivate positive affect are effective among individuals experiencing health-related stress.

Symposium Session G

Symposium S-G1

Special Session: Research Integrity

Saturday, February 15, 2014, 2:00 PM - 3:15 PM, Ballroom D

Chair: Eli Finkel, Northwestern University

Co-Chair: Cheryl Kaiser, University of Washington

A special session to look at the so-called "replicability crisis," featuring speakers Uri Simonhson, Mahzarin Banaji, Susan Fiske, and Jeff Simpson. This session confronts this topic from four distinct perspectives. It includes a brief overview of the most significant issues confronting the field and adopts a constructive, forward-looking perspective on how our field can capitalize upon the crisis to become an even stronger science over the next several years.

Uri Simonhson, University of Pennsylvania

Mahzarin R. Banaji, Harvard University

Susan T. Fiske, Princeton University

Jeffrey A. Simpson, University of Minnesota

Symposium Session H

Symposium S-H4

The curse of instrumentality: Burdening, objectifying, and replacing instrumental others in relationships, health, and work

Saturday, February 15, 2014, 3:30 PM - 4:45 PM, Room 17

Chair: Juliana Schroeder, University of Chicago

Co-Chair: Ayelet Fishbach, University of Chicago

Being highly instrumental for others's goals may have both beneficial and detrimental interpersonal consequences. Four papers explore these consequences: people rely more heavily on instrumental partners in relationships, objectify instrumental health providers, and replace instrumental workers with nonhuman agents. Power can moderate objectifying instrumental others.

Symposium S-H8

Dissecting social relationships and biological consequences: Interdisciplinary dyadic approaches

Saturday, February 15, 2014, 3:30 PM - 4:45 PM, Room 18 A/B

Chair: Meanne Chan, Northwestern University

Co-Chair: Lauren Human, University of British Columbia

Social relationships are known to have important health implications. However, less is known about the specific dyadic processes that enable social relationships to get under the skin. We present data using interdisciplinary dyadic approaches across multiple relationship contexts to examine how social relationships impact biological correlates and disease development.

Symposium Session I

[Symposium S-12](#)

Providing effective support in close relationships: Neural, behavioral, and physiological predictors and consequences

Saturday, February 15, 2014, 5:00 PM - 6:15 PM, Ballroom A

Chair: Sylvia Morelli, Stanford University

Co-Chair:

The speakers of this symposium will identify neural, behavioral, and physiological predictors of effective support provision and demonstrate that providing support to close others is associated with mental and physical health benefits for the provider.